



Ministry of AYUSH
Govt. of India

YOGA

Mahotsav-2020

A Curtain Raiser for International Day of Yoga-2020

March 12-14, 2020 at Talkatora Indoor Stadium, New Delhi

&

Post Mahotsav Yoga Workshops

by Eminent Yoga Masters

March 15, 2020 at MDNIY & It's Centers



Organized By

Morarji Desai National Institute of Yoga

Ministry of AYUSH, Govt. of India

68, Ashok Road, New Delhi- 110001

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Director Mdniy



A Curtain Raiser for International Day of Yoga-2020

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Morarji Desai National Institute of Yoga (MDNIY) is organizing the **Yoga Mahotsav-2020**, a Curtain Raider for International Day of Yoga (IDY)-2020 to sensitize the masses regarding celebration of IDY. This year, Yoga Mahotsav is being organized by MDNIY at **Talkatora Indoor Stadium, New Delhi from 12-14 March, 2020 & Post Mahotsav Yoga Workshops** by eminent Yoga Masters on **March 15, 2020 at MDNIY** and its collaborating centres.

Highlights of Yoga Mahotsav-2020

1. Parallel Yoga Workshops
2. Lectures/ Special Yoga Techniques / Yoga Demo
3. Free Paper Presentation
4. Quiz and Elocution Competitions
5. Photo Exhibition by Ministry of I&B, Govt. of India.
6. Best Poster Presentation
7. Half Day Seminar on Life Sketch & contributions of eminent Yoga personalities for the promotion and development of Yoga.

Note: Students outside Delhi will be provided dormitory accomodation on first come first basis and food will be provided on nominal prices. (Conditions Apply)

Post Mahotsav Yoga Workshops

by Eminent Yoga Masters

(March 15, 2020 at MDNIY & It's Centers)

The registration fee will be Rs. 1000/- to each participants which includes the charges of Workshop, food, Kit along with participation certificate.

For further details, please contact:

Organising Secretary

Morarji Desai National Institute of Yoga

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