



On the occasion of Gita Jayanti (25-12-2020)
Morarji Desai National Institute of Yoga is conducting a



WORKSHOP ON THE YOGA OF THE BHAGAVAD - GITA

(Traditional text of Yoga Philosophy and Practices)

(21-12-2020 to 25-12-2020, 6.00pm to 8.00pm)

Link for registration <https://forms.gle/5Uu5RUkYyAMb1ty98>

Highlights of Workshop

The application of Bhagavad-gita's teaching
in day to day life for healthy and holistic living

- Karma Yoga
- Jnana Yoga
- Sthitaprajna, Yogi
- Dhyana Yoga
- Bhakti Yoga
- Gita Chanting

**Last date for registration
18.12.2020 up to 4.00pm**

The medium of workshop will be Hindi/English.

Fee: Rs.500/-
(Registration + Workshop)

Deatils for Online Payment:

Account Holder Name: Morarji Desai National Institute of Yoga

Account Number: 26030100006213

Branch: Bank of Baroda, Nirman Bhavan Branch, New Delhi

IFSC Code: BARB0NIRDEL (Fifth Digit is Zero)

Fee will be non-refundable.

Participation certificate will be given.

The workshop's link will be sent to registered
participants on their registered mobile Number and Email.



Dr. Arpit Kumar Dubey
Assistant Professor (Sanskrit)
MDNIY

Director Mdnly
@yogamdny
@mdny
@mdniyayush
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Morarji Desai National Institute of Yoga
Ministry of AYUSH, Govt. of India
68, Ashok Road, New Delhi- 110001