



MORARJI DESAI NATIONAL INSTITUTE OF YOGA

(An autonomous organization under Ministry of AYUSH, Govt. of India)

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F.No.72/02/2018-19/03/AYS

Date: 08.03.2019

ADMISSION NOTICE ADVANCED YOGA SADHNA

Applications are invited for admission to the Advance Yoga Sadhna from April to June, 2019 at Morarji Desai National Institute of Yoga.

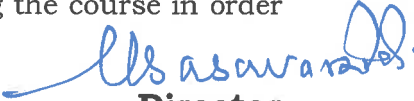
Sl. No.	Name of the Yoga Programme	Duration	Days	Timings	Admission Fee	Intake Capacity
01.	Advanced Yoga Sadhana	03 Months	Monday to Friday	06:00 pm to 08:00 pm	Rs. 6,500/-	Maximum 45 Candidates

Eligibility:

1. A Candidate who have completed Certificate Course in Yogasana and Certificate Course in Pranayama & Meditation of MDNIY.
2. A Candidate must be healthy and fit, the admission is subject to medical fitness.
3. The candidate has to perform some certain asanas for their admission to the course i.e Trikonasana, Parshvakonasana, Paschimottanasana, Ushtrasana, Ardha-matsayendrasana, Dhanurasana, Sarvangasana, Nadi Shodhan Pranayama and Kapalbhathi (60 strokes per minute).

Admission Procedure:-

- i. The Candidates who are overweight, underweight, suffering from Chronic Disorders, Cardio-vascular Disorders and Hypertension are not permitted to join the course.
- ii. The Application Form of Rs. 25/- shall be obtained from the Registration Counter of MDNIY and fees of Rs. 6,500/- to be deposited at the time of admission.
- iii. The Counseling-cum-admission begins on 15.03.2019 and admission will be closed immediately after filling up the seats or until 25.03.2019.
- iv. All the candidates after receiving the application form of Rs. 25/- should report to Smt. Seema Sagar, and Ms. Neetu for demonstrating certain asanas mentioned at S.No. 3, as per eligibility of the candidate in the course.
- v. The candidate must submit the duly filled in application form along with copy of CCY and CCPM certificate, Photo Identity Proof and Two Passport Size Photographs and also the original documents for verifying the submitted documents.
- vi. Only those eligible candidates who demonstrate asanas will be admitted to the course. The classes will begin from 1st April 2019 in Class Room No. 01 (in the basement).
- vii. Minimum 80% attendance is essential by the candidate during the course in order to get the participation certificate.


Director

Copy to:-

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5. TO-cum-Receptionist
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