INTERNATIONAL YOGA FEST-2018

Morarji Desai National Institute of Yoga
68, Ashoka Road, New Delhi

Elocution on the Theme: "Yoga for Health & Wellness"

Date: 22nd March, Time: 2.30 pm to 4.00 pm
Venue: Talkatora Indoor Stadium, New Delhi

Rules & Guidelines

- The goal of the Elocution competition is to encourage the skills and talents related to the art & science of Yoga.
- The speech shall be (4+1) and may not exceed 5 minutes' duration. The time limit will be strictly enforced. A warning bell will be given at 4 mins.
- The speaker is expected to memorize their speech, and is not allowed to read and take references from written notes during the speech. Use of electronic gadget is prohibited for the speech. This will be discouraged and influence the participants score.

Points will be awarded based on the following criteria:

A. Content

- Introduction.
- Knowledge of subject matter.
- Exposition of the main theme (Conciseness & Clarity of message, Originality/Points of interest, Incorporation of Personal references, Quotations & Biblical References).
- Moral & Practical Application.
- Conclusion.

B. Communication & Presentation Skills

- Memorization (evaluated by pauses).
- Verbal Clarity (pronunciation of words, voice strength and projection).
- Body language, voice modulation & audience connect to keep them engage.
- Knowledge of subject matter.

***The decision of the judges shall be final.**

For Elocution competition, the prize money for 1st and 2nd will be Rs.5,000 & 2,500 respectively.

The registrations of the participants would be done at registration counter on 22nd March, 2018 at the International Yoga Fest Venue, Talkatora Indoor Stadium.

For further enquiries Contact: **Dr. Sneha Pathak, Asst. Professor - 9027696163,**
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