

DIPLOMA IN YOGA THERAPY (DYT)

- During this programme, the student will be taught about the concepts of Yoga therapy for the treatment and prevention of various psychosomatic and life style related ailments. This course has the vision to impart therapeutic skills to students for executing traditional medical knowledge for general public and total personality development.

Eligibility

- A graduate degree in Yoga with 50% marks Or
- Any graduate degree with 50% marks with Certificate course in Yoga for Wellness Instructor (CCYWI) from MDNIY / YCB Certified Level- II (Yoga Wellness Instructor) Or
- Any degree with 50% marks with Certificate Course for Yoga Therapy Assistant (CCYTA) can join through lateral entry (2nd Semester)

Duration: One Year / Two Semesters. Starts from August,2022 onwards Intake capacity: 30 seats per Batch.

Outcome: The students will become institutionally qualified Yoga therapist