

## INSTRUCTIONS FOR CANDIDATES

### Instructions for appearing in the Exam:

1. Candidates are advised to carry Admit Card in the Examination Centre alongwith an original Photo ID proof i.e. Aadhar Card, Pan Card, Voter ID etc.
2. Candidates' physical appearance in the Examination Centre should match with the Photo on Admit Card.
3. Examination will be conducted through **Offline Mode**.
4. Duration of examination will be **1 ½ hour (11:00 am to 12:30 pm)**.
5. Students should reach the Examination Hall at least ½ hour before the examination time.
6. Students should not use any course book or text book or receive help from any outside source. If found so, their Exam is liable to be cancelled.
7. Use of any other devises (Bluetooth, Tablet, Mobile, Headphone etc.) is strictly prohibited during the exam any body found using any other parallel devices will be subject to disqualification.
8. No communications and requests, regarding same will be entertained.
9. Talking to others, carrying of proscribed material/items inside the examination hall will be treated as unfair means case.
10. The candidate should retain the Admit Card for all future references.
11. Candidates are advised to keep on visiting Institute's website regularly for important information; no separate intimation will be given.
12. The candidates should download and read general instructions carefully available on Institute's website i.e. [www.yogamdniy.nic.in](http://www.yogamdniy.nic.in)
13. It should be ensured by the candidates that they have provided updated Mobile Number and e-mail in application form, as all intimation will be given through website, e-mail and SMS only. No intimation will be given through individual letters.
14. Candidates to follow COVID 19 norms of 'Social Distancing' as well as 'Personal Hygiene' inside the Examination Halls/Rooms as well as in the premises of the Exam Centre as per SOP issued by MoHFW and guidelines issued by Govt. of India from time to time.
15. Candidate must bring their own face Mask, Hand Gloves, Personal Hand Sanitizer (transparent bottle & not more than 50ml), PET water Bottle (transparent) and the exam related documents (Admit Card, Photo ID Card etc.) No other items will be permitted inside exam Hall/Room.

*Handwritten signature and date:*  
08/08/22