

CERTIFICATE COURSE FOR YOGA THERAPY ASSISTANT (CCYTA)

This course (CCYTA) will introduce Yoga therapy as a science of Holistic living. During the course, the student will be taught about the concepts of Yoga therapy for the treatment and prevention of various psychosomatic and life style related ailments. This course has the vision to impart therapeutic skills to students for executing traditional medical knowledge for general public and total personality development.

Eligibility

- A pass in 10+2 (any stream) from a recognized Board or equivalent.
- Certificate course in Yoga for Wellness Instructor (CCYWI) from MDNIY / YCB Certified Level- II (Yoga Wellness Instructor).

Duration: One-Semester/ 24 Credits

Intake capacity:30 (10%,5% and 5% seats over and above the total seats shall be for Economically Weaker Section (EWS), persons with disability (PwD) and foreign candidate respectively)