

Morarji Desai National Institute of Yoga
Ministry of AYUSH, Govt. of India
68, Ashok Road, New Delhi-110001

GUIDELINES FOR ONLINE TEST (14-10-2020) OF DIPLOMA IN YOGA SCIENCE
(2020-2021) For GRADUATES (ONE YEAR DURATION)

Online Examination:

1. The Entrance Test will be through ON-LINE mode
2. Before the Test, make sure that you have computer/laptop with good webcam and internet connection.
3. Shut down all the internet messaging apps, Email or other browsers as they may slow down the internet connectivity.
4. Check the power tripping or other barriers before starting the Test.

Instructions for appearing in the Entrance Test

1. Click on the link: <https://testfromhome.in/sign-in> for online Entrance Test.
2. Here are the steps that the user can follow to login in desktop:
 - (a). Visit this link - <https://testfromhome.in/sign-in>
 - (b). Enter the registered mobile number.
 - (c). Enter the OTP received on the registered mobile number.
 - (d). There are 3 options available, click on the "Exam" section.
 - (e) To start your exam, click on the start button to start your exam.
3. Students should not use any course book or text book or receive help from any outside source. If found so, their test is liable to be cancelled.
4. Pattern of question paper will be of 1 mark Multiple Choice Question.
5. Total number of questions will be 100 carrying 1 mark each.
6. Duration of examination will be 1 hour.
7. Application number, Aadhaar or any other valid ID carrying photograph identity, Roll number should be presented at the time of appearing the test.
8. The information about the Entrance Test will be only through the website. No other means of communication will be provided to the candidates from the Institute.
9. Mock test will be held on 13.10.2020 at 02:00 pm through - <https://testfromhome.in/sign-in>

10. The candidates, who are not opting online test, they may give their consent on email ID: mdniy@yahoo.co.in latest by 04:00 pm on 13.10.2020 to appear through off-line test at MDNIY premises (68, Ashok Road, New Delhi-110001) at the same date and time (14.10.2020 at 11:00 am- 12:00 noon).

11. OFFLINE TEST

- a) All candidates need to report the Institute latest by 10:00 am on 14.10.2020.
- b) They must bring the Admit Card and Photo ID while appearing the Entrance Test.
- c) Candidates should bring Blue/Black ball pen and examination writing/card board
- d) Any electronic gadgets will not be allowed in the Examination Hall
- e) Candidates must come to the Institute by taking all the preventive measures related to COVID-19 (wearing masks, with sanitizer and obey the social distancing rules)

DO's:

- In order to give the exam, you need to allow permission to use the Camera & Microphone.
- You must have a good 4G connection or a minimum of 1Mbps Wifi.
- Do ensure that you have disabled the notifications of your system.
- Make sure your face is clearly visible in the camera during the test.
- The desktop/laptop should have 4GB Ram.

DON'TS:

- You are not allowed to switch to another tab or minimise the tab, doing so will be counted as an unfair attempt.
- Do not switch to another tab during the time of exams.
- Make sure no other members are there while you are taking the exam.
- Do not communicate with anyone during the exam.