B.Sc. (Yoga)

- The course is designed to impart the knowledge, skills and techniques of Yoga to enable the students to become an institutionally qualified Yoga professional. It is a full time regular course of 3 years duration, comprising of 6 semesters.

This course is affiliated to Guru Gobind Singh Indraprastha University (GGSIPU), Dwarka, New Delhi.

**Eligibility:**

Pass in 12th class of 10+2 pattern of CBSE or Equivalent in any Science Stream with a minimum aggregate of 50% marks in any four subjects including English (core/elective/functional) provided that the candidate has passed in each subject separately

**AGE LIMIT:** Candidate should not be more than 21 years of age as on 01.08.2023. Relaxation in age limit is as per University norms(GGSIPU).

**Intake Capacity:** 30 Reservation of seats will be as per University norms.(GGSIPU)

**Selection Procedure:** Through Common Entrance Test (CET) of GGSIP University

**Duration:** The duration of the programme will be 3 years (06 semesters)